The MEDEX Primary Health Care Series

Clean Home and Clean Community

COMMUNITY LEARNING MATERIAL

Y HEALTH CARE SERIES

ganized into three major categories
elopment Materials, Mid-Level
ials, and Community Health Worker
is appropriately balanced between
urative needs in primary health care.

The methods and materials of the MEDEX technology are suitable for national scale programs as well as smaller projects, and can be used in whole or in part as circumstances demand. One of the greatest strengths of the MEDEX technology is its flexibility and sensitivity to local conditions.

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Modules

0 *Instructor's Manual*

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aining and Supporting Community Health
Workers

Finance System Workbook
Health Information System Workbook

5 District and National Planning and Management
Workshops Manual

MID-LEVEL HEALTH WORKER TRAINING MATERIALS

The Mid-Level Health Worker Training Materials, which can be adapted to the specific needs of a country, include procedures and materials for preparation of instructors, evaluation of trainees, preparation for the community phase of training, and development of a continuing education program. The materials ensure that students acquire the skills and knowledge they will need

Basic Clinical Knowledge and Skills Modules

11, 12 *Student Text* **13** *Instructor's Manual*
Anatomy and Physiology
Medical History
Physical Examination

General Clinical Modules

4 *Student Text* **15** *Instructor's Manual*
Respiratory and Heart
Gastrointestinal
Genitourinary

16 *Student Text* **17** *Instructor's Manual*
Skin
Dental, Eyes, Ears, Nose, and Throat

18, 19 *Student Text* **20** *Instructor's Manual*
Infectious Diseases
Other Common Problems

Maternal and Child Health Modules

21 *Student Text* **22** *Instructor's Manual*
Prenatal Care
Labor and Delivery
Postnatal Care

23 *Student Text* **24** *Instructor's Manual*
Problems of Women
Diseases of Infants and Children
Child Spacing

Health Center Management Modules

25 *Student Text* **26** *Instructor's Manual*
Working with the Health Team
Working with Support Systems

27 *Student Text and Instructor's Manual*
Supervising and Supporting Mid-Level Health Workers

Reference Manuals

28 Formulary
Diagnostic and Patient Care Guides

29 Patient Care Procedures

30 Health Center Operations

31 Community Health

COMMUNITY HEALTH WORKER TRAINING MATERIALS

The Community Health Worker Training Materials are designed for training literate and non-literate community health workers to carry out specific tasks. The teaching approach emphasizes dialogue between trainer and trainee. Other methods employed include role-play, demonstrations, stories, and extensive use of visual aids. The materials are geared to practical skill development through maximum interaction with the trainer. The workbooks emphasize promotive and preventive skills, but include selected basic curative skills as well.

The workbooks can be used to train new community health workers or to provide continuing education for existing community health workers. To prepare mid-level health workers to train community health workers, these workbooks are used along with the community health modules.

32 Introduction to Training
Clean Water and Clean Community
Prevention and Care of Diarrhea

33 Healthy Pregnancy
Feeding and Caring for Children

34 Some Common Health Problems
Tuberculosis and Leprosy
First Aid

35 Community Learning Materials:
Health Problems in the Community
Caring for Your Child
Caring for Your Sick Child
Clean Home and Clean Community
Illustrations for Training Community Health Workers

To order books or to obtain further information on The MEDEX Primary Health Care Series, write: The MEDEX Group, University of Hawaii, 1833 Kalakaua Ave., #700, Honolulu, Hawaii 96815-1561, U.S.A.

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First Edition

The MEDEX Primar: Health Care Series

Clean Hom
and Clean

COMMUNITY LEARNING MATER

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COMMUNITY HEALTH CELL
47/1 St. Mark's Road, Bangalore - 560 001

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University of Hawaii, Honolulu, Hawaii, U.S.A.

COMMUNITY HEALTH CELL
326, V Main, I Block
Koramangala
Bangalore-560034
India
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INTRODUCTION

Who Is this Booklet for?

This booklet is for anyone involved in health care in the community. This is a discussion booklet to use in homes, schools, health centers, community meetings, or other places where people discuss health care in the community.

How Can You Use this Booklet?

You can use this booklet in many ways. Here are some of the ways you can use this booklet. You may think of other ways to use this booklet in your community.

Use this booklet to discuss with community members and leaders how to keep the community clean. Use this booklet to discuss how dirty homes and surroundings can make people unhealthy.

Use this booklet to discuss health in the community. Use this booklet to help people make decisions about who is responsible for the health of the community. The pictures and questions in the booklet will help you discuss situations in a community. Let community members decide which situations are true in their community. Let community members make the decisions. Let community members ask questions and find answers to the questions.

What makes a community?

The people who live in the community make the community. Grandmothers, grandfathers, parents, and children make the community. Families make the community.

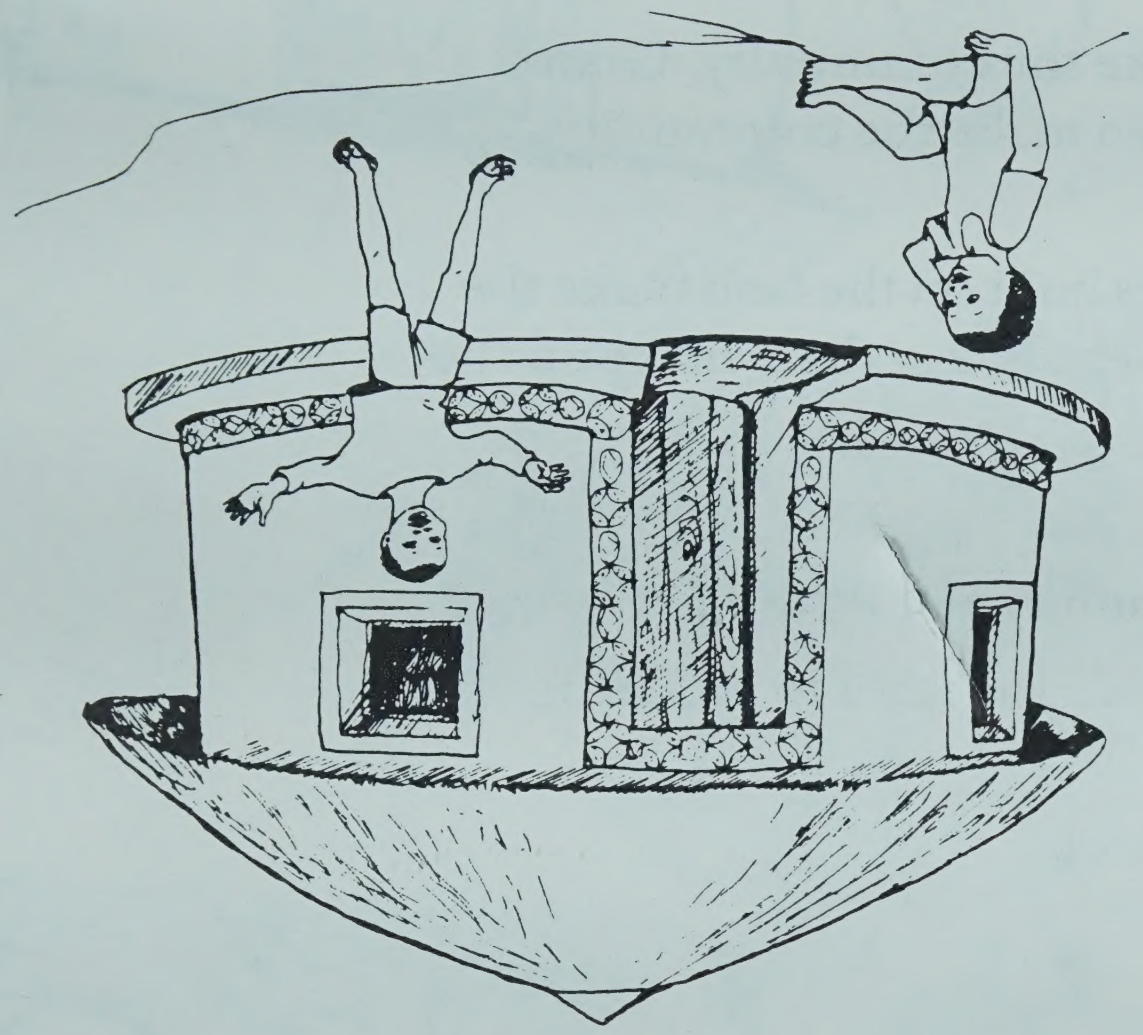
The land makes the community. The homes built on the land make the community. All the homes and the people who live in them make up the community.

What else makes the community?

What can each family do to make the community a healthy place to live?

What can all the families in the community do together to make the community a healthy place to live?

We will discuss these questions in this booklet.



A family stays healthy by taking care of each person in the family, the family's home, and its surroundings. When all families are healthy the community is healthy.

If all families take care of their homes and their surroundings will the community be healthy?

Are there any parts of the community that everyone has to work together to take care of?

If one family does not take care of family members, the family's home, or its surroundings, what can happen to the health of the community?

Look at the pictures of the two communities below. What differences can you see between the two communities?

Which pictures show things that can make a community unhealthy?

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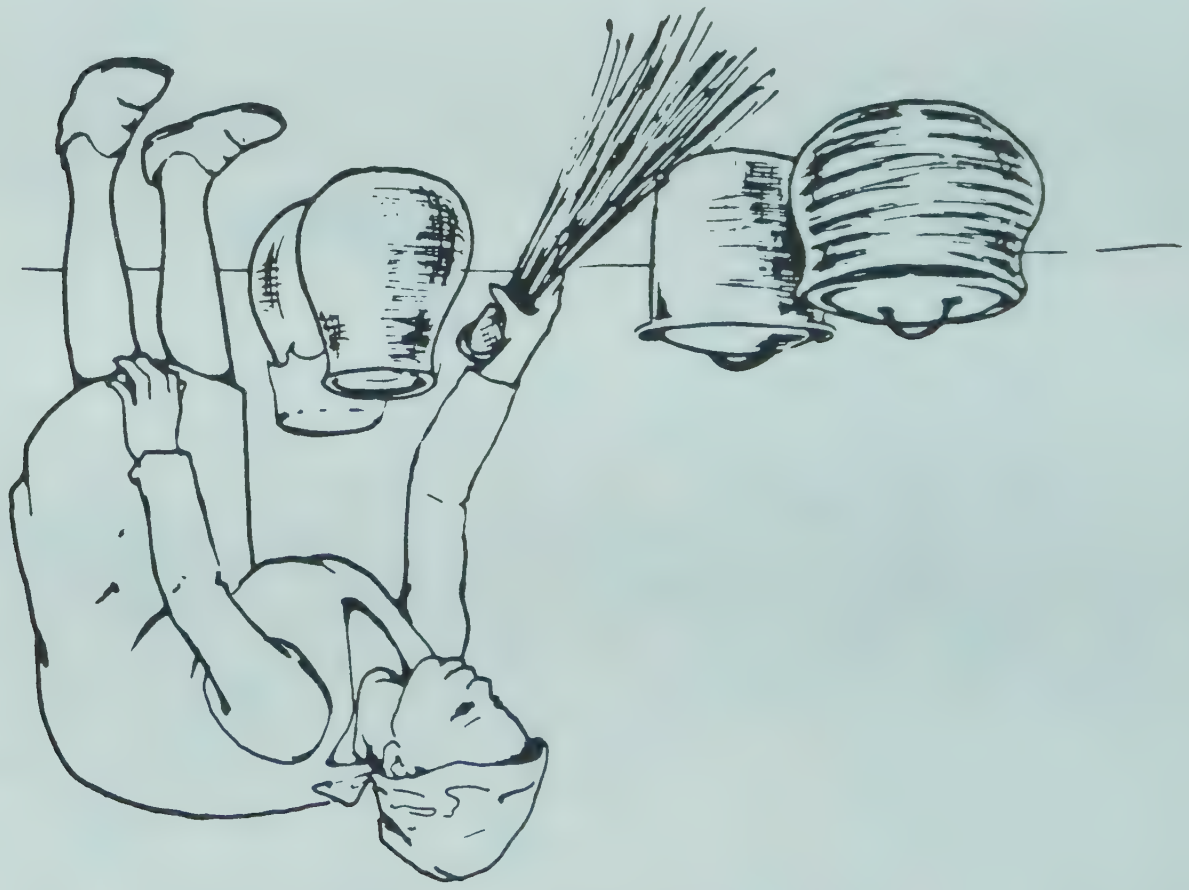
Which pictures show things that can make a community healthy?

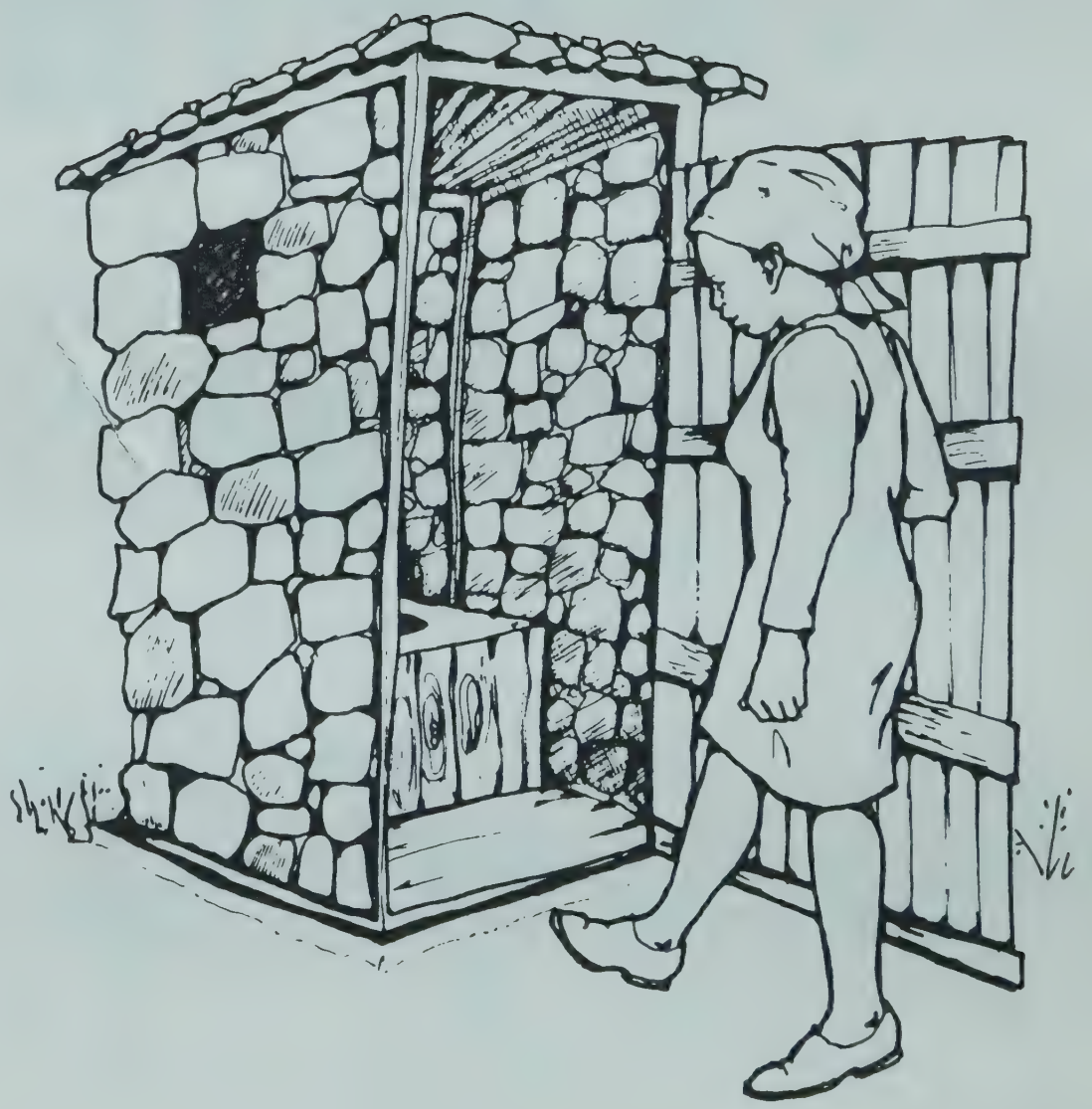
Which pictures show things that you see in your community? Do these things make a community healthy or unhealthy?

A community is made up of homes. Clean homes make a clean community.
What differences can you see between the homes in these two pictures?

Which pictures show things that keep the home clean and healthy?



Which pictures show things that keep the surroundings clean and healthy?



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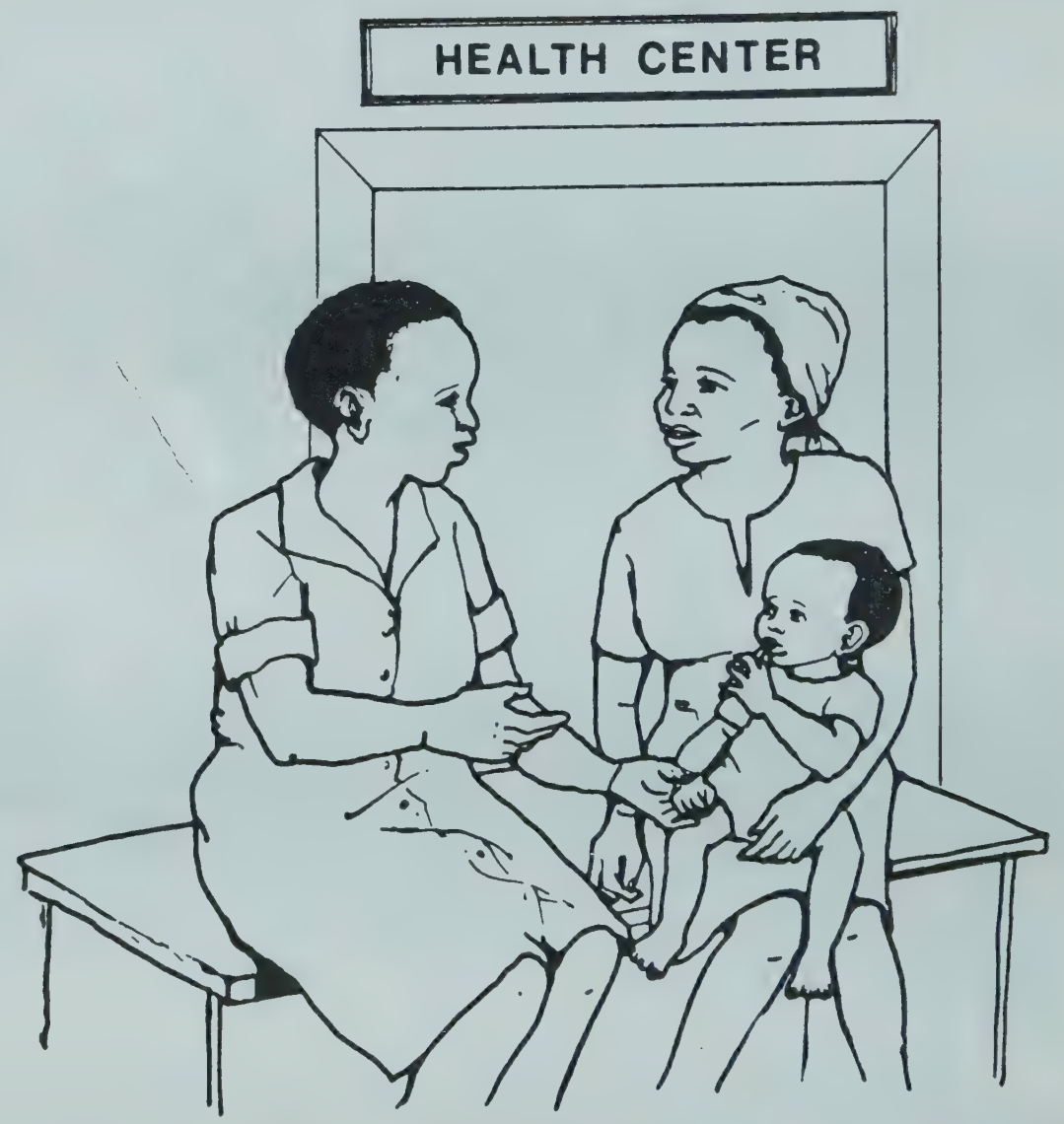
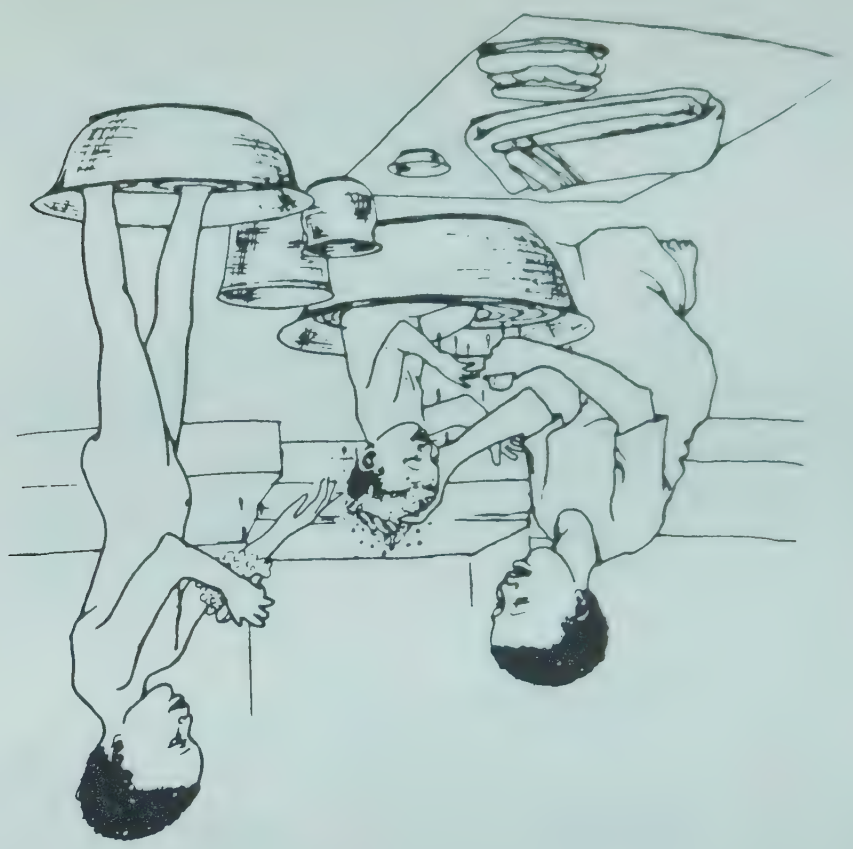
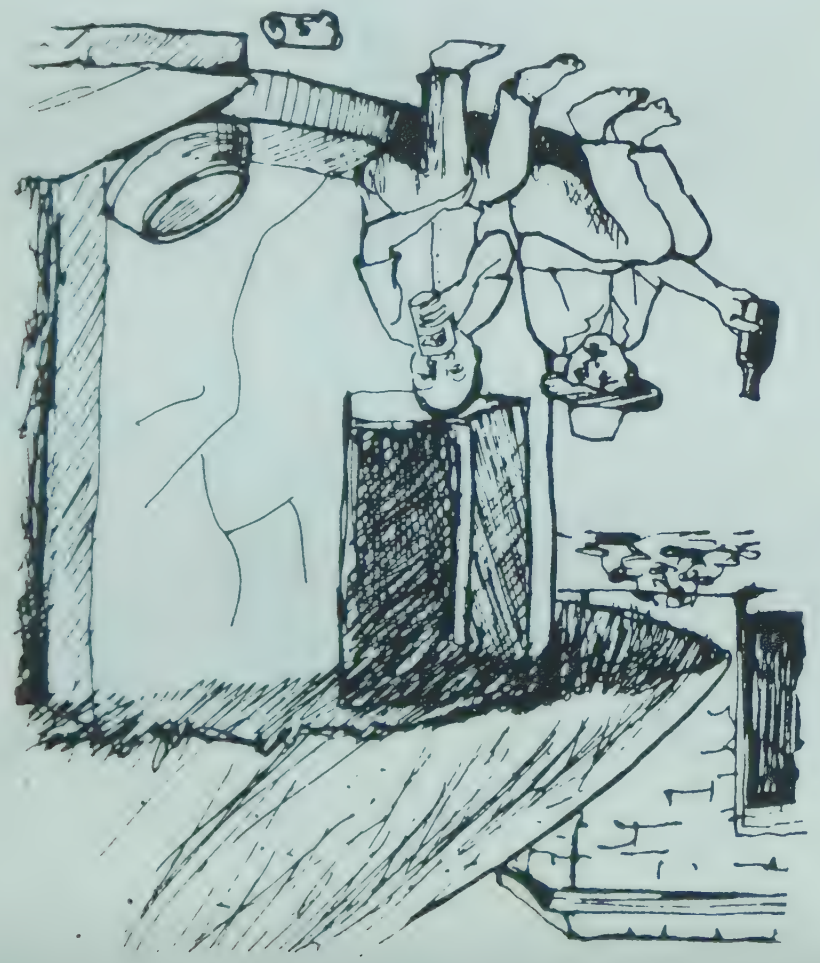
Which pictures show things that help families stay healthy?

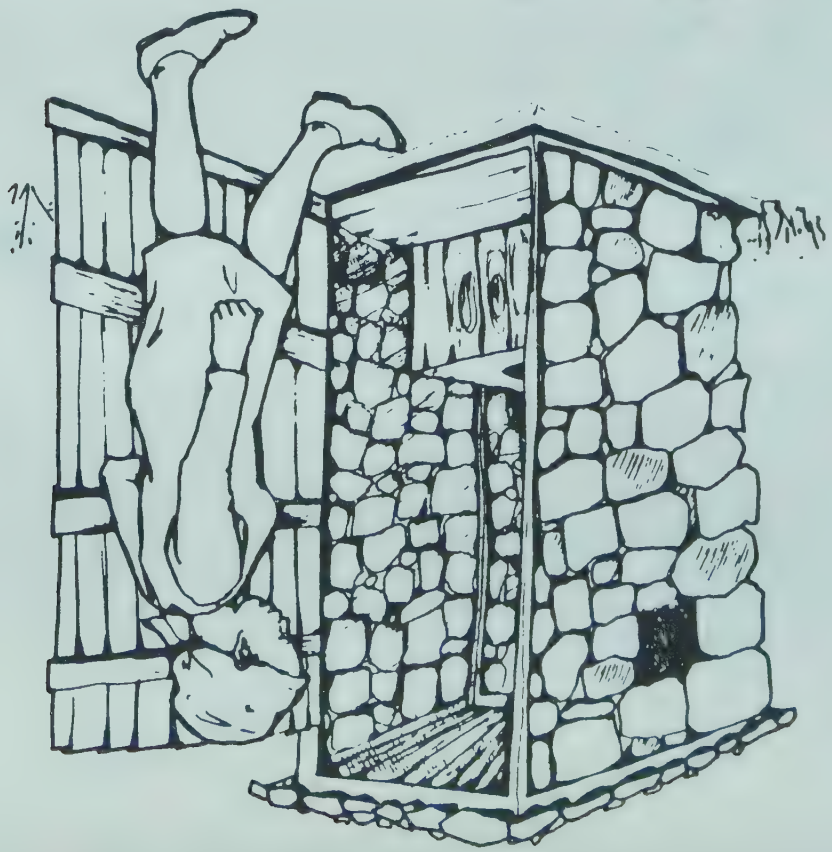


Which things in these pictures may not be good for the health of a family?

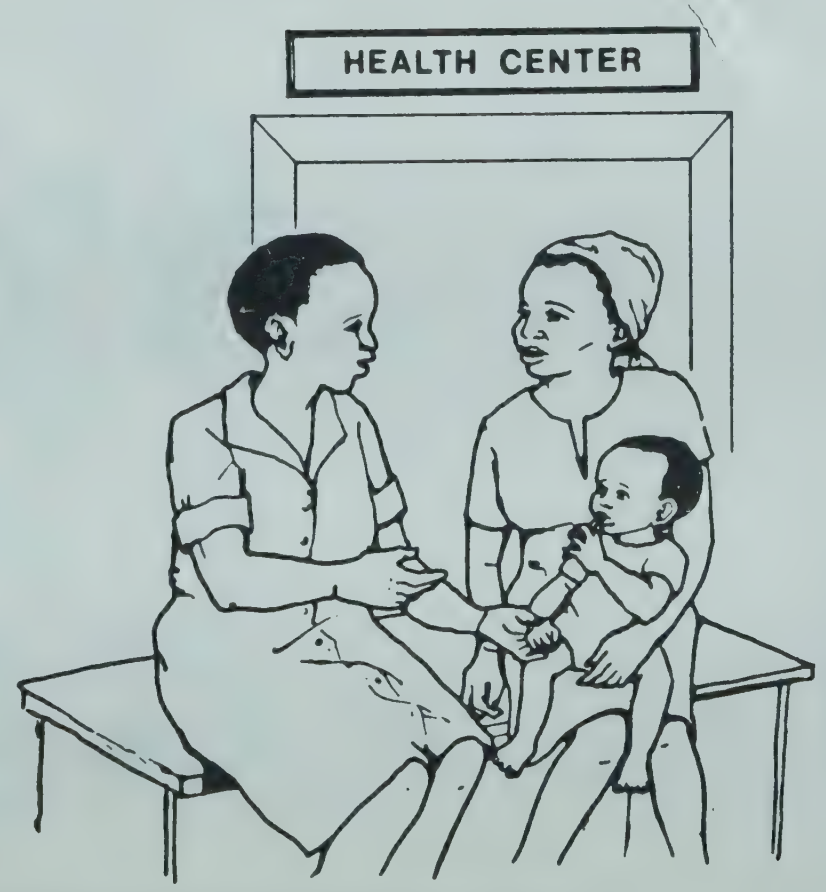
Look at all the pictures again. Pick out all the healthy things that people do in your community. Then pick out all the unhealthy things you see in your community.

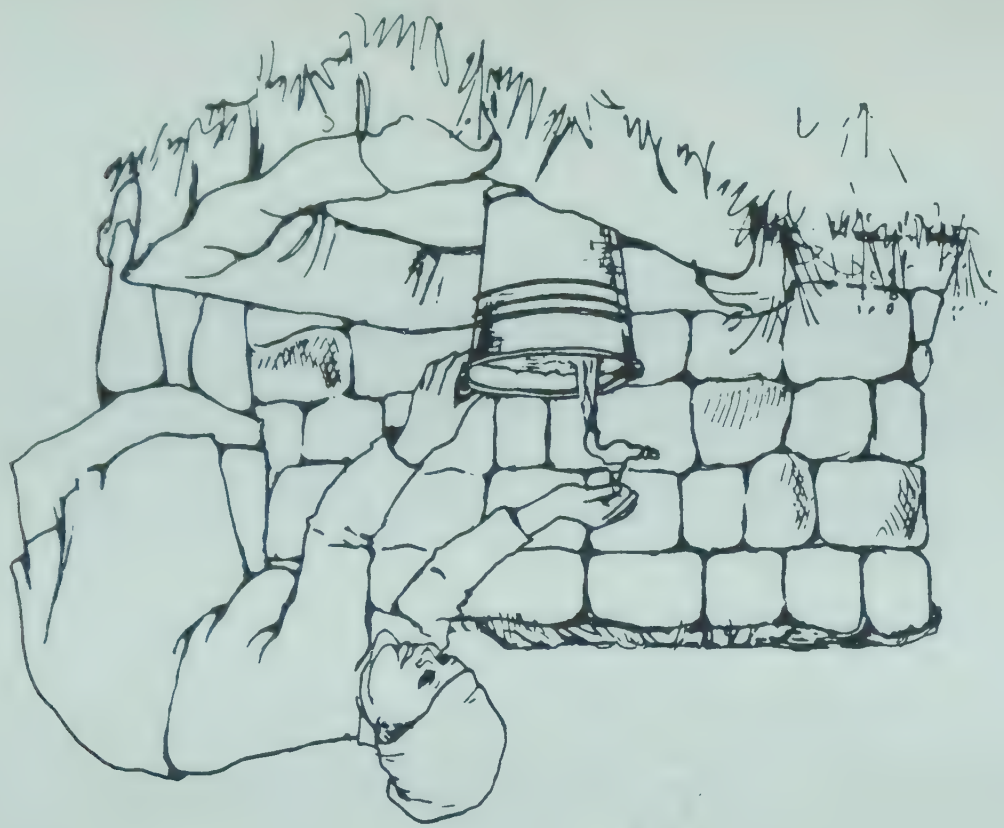


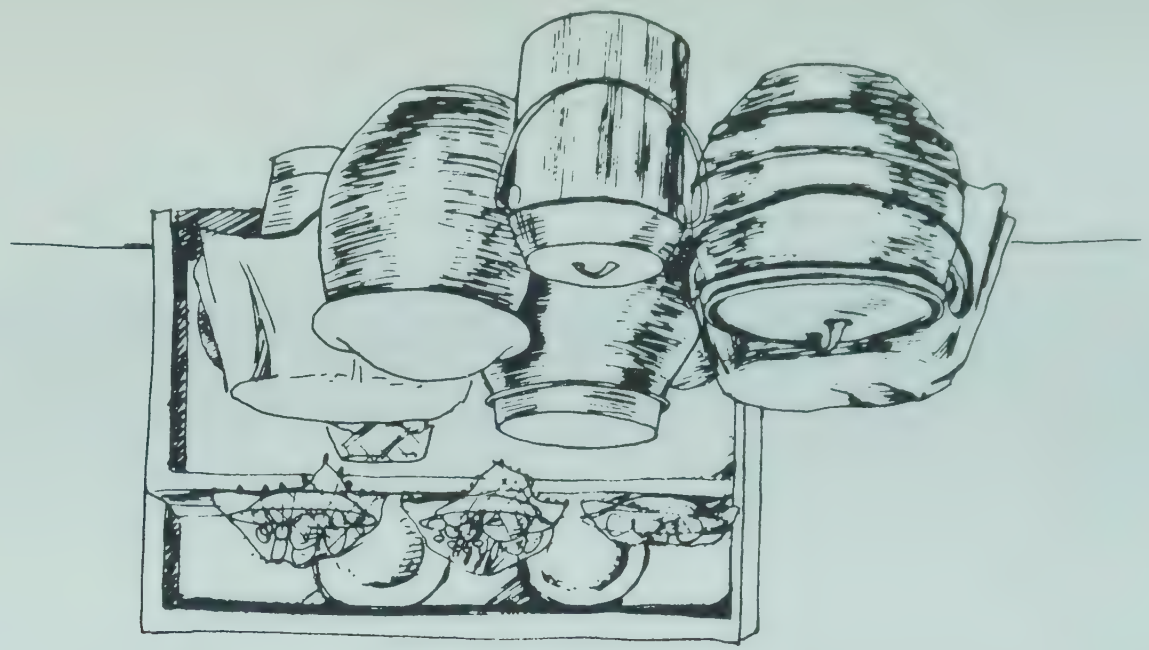




Look at the pictures. Pick out the healthy and unhealthy things you see in your community.







What are the things you can do to keep yourself and your family healthy?

What are the things you can do to make your home a healthy place to live?

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What can people in your community do to make your community a healthy place to live?

In this booklet you have discussed how every person can help make the community a healthy place to live.

Every person counts.

Every home counts.

Everyone working together can help keep the community and its people healthy.

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The MEDEX Primary Health Care Series
University of Hawaii

HEALTH MANPOWER DEVELOPMENT STAFF
John A. Burns School of Medicine, University of Hawaii
1960 East-West Road, Honolulu, Hawaii 96822 U.S.A.